



AL-OUNNS

ACTIVE AGING CENTER

*Designed for Warmth,
Built for Connection*



OUR VISION

Al-Ounns is a community destination designed to support active aging through health, learning, recreation, and social interaction.

Inspired by traditional courtyards, the project creates opportunities for retirees to reconnect, share experiences, and build meaningful relationships.

THE MEMORY COURTYARD



The central courtyard acts as the social heart of the project.

Inspired by the gathering spaces of traditional neighborhoods, it encourages movement, interaction, storytelling, and community engagement.

PROJECT INFORMATION



Location
Sports City
Al Hussein Youth City
Amman, Jordan



Target Users
Adults aged
50 – 80 years

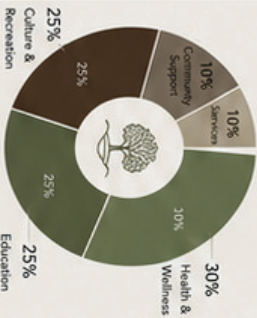


Operating Hours:
7:00 AM – 7:00 PM

INTRODUCTION

Al-Ounns is an innovative active aging center that brings together wellness, learning, and social life in an inclusive environment. The center empowers older adults to live healthier, stay connected, and continue growing with purpose.

PROGRAM DISTRIBUTION



WHAT WE OFFER



HEALTH & WELLNESS

- Walking Track
- Men's Gym
- Women's Gym
- Meditation Room
- Health Clinic
- Wellness Programs



EDUCATION & CREATIVITY

- IT Laboratory
- Arts & Crafts Studios
- Training Rooms
- Lifelong Learning Programs



SOCIAL & CULTURAL

- Community Club
- Library
- Multipurpose Hall
- Café
- Events & Workshops



SUPPORT SERVICES

- Administrative Offices
- Meeting Rooms
- Prayer Rooms
- Maintenance
- Storage



UNIVERSAL ACCESSIBILITY

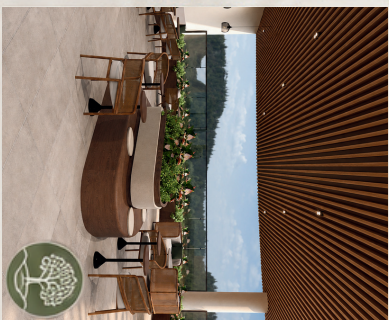
- Barrier-Free Design
- Elevators & Ramps
- Non-Slip Flooring
- Clear Wayfinding
- Comfortable Furniture
- ADA Standards

SUSTAINABLE DESIGN

- Natural Daylighting
- Solar Energy Integration
- Water Conservation
- Durable Materials
- Energy Efficient Systems

ABOUT THE PROJECT

Al-Ounns promotes independent living, social connection, and well-being through inclusive spaces and engaging programs. Our goal is to create a welcoming environment where older adults remain active, connected, valued, and engaged within their community.



ACTIVE AGING

Encouraging healthy lifestyles and independence



LIFELONG LEARNING

Promoting knowledge, skills, and personal growth



WELLNESS

Supporting physical, mental, and emotional well-being



COMMUNITY CONNECTION

Building meaningful relationships and a strong community



ACCESSIBILITY

Designing for everyone with dignity and comfort



SUSTAINABILITY

Creating a better tomorrow through responsible design