

# PERANCANGAN MULTI-ACTIVITY ART STUDIO DENGAN PENDEKATAN CREATIVE THERAPY BAGI GENERASI Z



Changes in the lifestyles of urban residents particularly Generation Z reflect shifting needs regarding recreational spaces and daily activities. High academic pressure, work demands, exposure to social media, and the fast pace of urban life all contribute to rising stress levels and declining mental health. These conditions drive the need for spaces that are not only entertaining but also provide calming and meaningful experiences. In addition to taking vacations, young people are now becoming interested in activities that provide space for reflection and opportunities to hone their creativity as a more sustainable form of stress management amid the dynamics of city life.



## RAW RELIEF

Raw : industrial, pure, neutral  
Relief : freedom, open space, release

**Raw Relief:** An industrial sanctuary balancing structural stability with psychological openness, offering a sense of release through seamless outdoor connections

### Moodboard



### Layout



**Section**



**3D Walkthrough**



**Perspective**

