

Little Steps for a Children

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Studies

Project Concept: Enhance the space with natural, organic forms, creating a healing journey.

Vision statement: To create a journey from fear to confidence.

Mission Statement: Our mission is to design a stage-based healing center that translates emotional needs into spatial experiences.

Healing Children in Curves & Organic Spaces
Trauma & Anxiety Healing Center for Children

Creating a safe, nurturing environment through organic forms, natural materials and local, design to support emotional healing, reduce anxiety and inspire growth.

BENEFITS OF CURVED & ORGANIC DESIGN FOR CHILDREN'S HEALING

- 1. FEELS SAFE & WELCOMING**
Curved elements soften edges, creating a non-threatening environment that helps children feel secure and accepted.
- 2. REDUCES STRESS & ANXIETY**
Organic shapes and natural elements calm the nervous system and lower cortisol levels, reducing stress and anxiety.
- 3. CONNECTS WITH NATURE**
Biophilic design using natural materials, which improve mood, focus, and emotional well-being.
- 4. ENCOURAGES EXPLORATION & MOVEMENT**
Flowing spaces invite children to move freely and explore, building confidence and curiosity.
- 5. SUPPORTS POSITIVE EMOTIONS**
Natural light, soft colors and organic forms with wood and stone promote feelings of joy and hope.
- 6. BUILDS SOCIAL CONNECTION**
Curved gathering spaces create a sense of togetherness and belonging, supporting emotional healing through connection.

REAL CASE STUDIES

MAGGIE'S CENTRE LEEDS
Woodhead House

MAGGIE'S CENTRE RYE
Rye Road, Rye

MAGGIE'S CENTRE BARTS
Park Farm

DESIGN ELEMENTS

FORM	MATERIAL	COLOR PALETTE	LIGHT	EXPERIENCE
Flowing organic shapes	Natural, warm, and tactile	Soft, warm, and muted tones	Natural, diffused, and warm	Soft, warm, and inviting

WHAT THIS MEANS FOR CHILDREN

Organic architecture is not just beautiful—it is therapeutic. It supports their emotional recovery, reduces anxiety, and empowers them to heal, grow and thrive.

