Little Steps for a Childeren

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Studies

Project Concept:
Enclosure, Integrated with nature , Bio - philic design , Healing journey

Vision statement :
To create a journey from fear to confi- dence

Mission Statement:
Our mission is to design a stage- based healthcare center that translates emotional needs into spatial experiences.

Children suffering from trauma often experience a sense of powerlessness and a loss of control. Creating a space that provides a feeling of safety, control, and emotional support is essential for their healing.

Traditional Design fails:
Institutional and overstimulating environments can worsen anxiety and trauma.

1. Harsh, cold materials
2. Sharp edges and angles
3. Noisy, busy spaces
4. Lack of natural light
5. Sensory overstimulation

Healing Children in *Curves & Organic Spaces*

Trauma & Anxiety Healing Center for Children

Creating a safe, nurturing environment through organic forms, natural materials and biophilic design to support emotional healing, reduce anxiety and inspire growth.

REAL CASE STUDIES

MAGGIE'S CENTRE LEEDS
Heatherwick Studio

A home-like environment with soft curves, natural materials and greenery that reduces stress and creates comfort.

MAGGIE'S CENTRE FIFE
Zaha Hadid Architects

Fluid, continuous spaces that promote a sense of flow, openness and emotional freedom.

MAGGIE'S CENTRE BARTS
Frank Gehry

Curved forms, natural textures and colored light create warmth, hope and positive emotional stimulation.

DESIGN ELEMENTS

FORM
Flowing, organic shapes

MATERIAL
Natural, warm and tactile

COLOR PALETTE
Soft, earthy and calming

LIGHT
Natural, diffused and therapeutic

EXPERIENCE
Safe spaces, play & healing

BENEFITS OF CURVED & ORGANIC DESIGN FOR CHILDREN'S HEALING

1. FEELS SAFE & WELCOMING
Curves eliminate sharp edges, creating a gentle, non-threatening environment that helps children feel secure and accepted.

2. REDUCES STRESS & ANXIETY
Organic shapes and natural materials calm the nervous system and lower cortisol levels, reducing stress and anxiety.

3. CONNECTS WITH NATURE
Biophilic design brings nature indoors, which improves mood, focus, and emotional well-being.

4. ENCOURAGES EXPLORATION & MOVEMENT
Flowing spaces invite children to move freely and explore, building confidence and curiosity.

5. SUPPORTS POSITIVE EMOTIONS
Natural light, soft colors and organic forms uplift mood and promote feelings of joy and hope.

6. BUILDS SOCIAL CONNECTION
Curved gathering spaces create a sense of togetherness and belonging, supporting emotional healing through connection.

WHAT THIS MEANS FOR CHILDREN

Organic architecture is not just beautiful—it is therapeutic. It helps children feel calm, safe, and understood. It supports their emotional recovery, nurtures resilience, and empowers them to heal, grow and thrive.

OVERALL ATMOSPHERE

A nurturing, non-clinical environment that feels like home—soft, natural, and full of life.

♡ When children feel safe in their space, they can heal, they can dream, and they can become. ♡

Level 4m Ground Plan 1:200

Level 4,8m 1st Plan 1:200

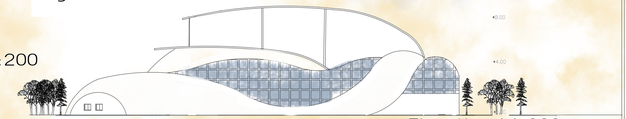
Level 8m 1st Plan 1:200

Level 8m 2nd Plan 1:200

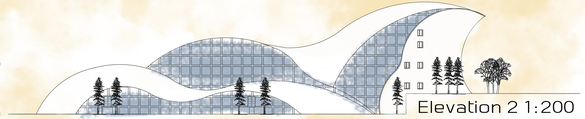
Layout 1:200

Section 1 1:200

Section 2 1:200



Elevation 1 1:200



Elevation 2 1:200