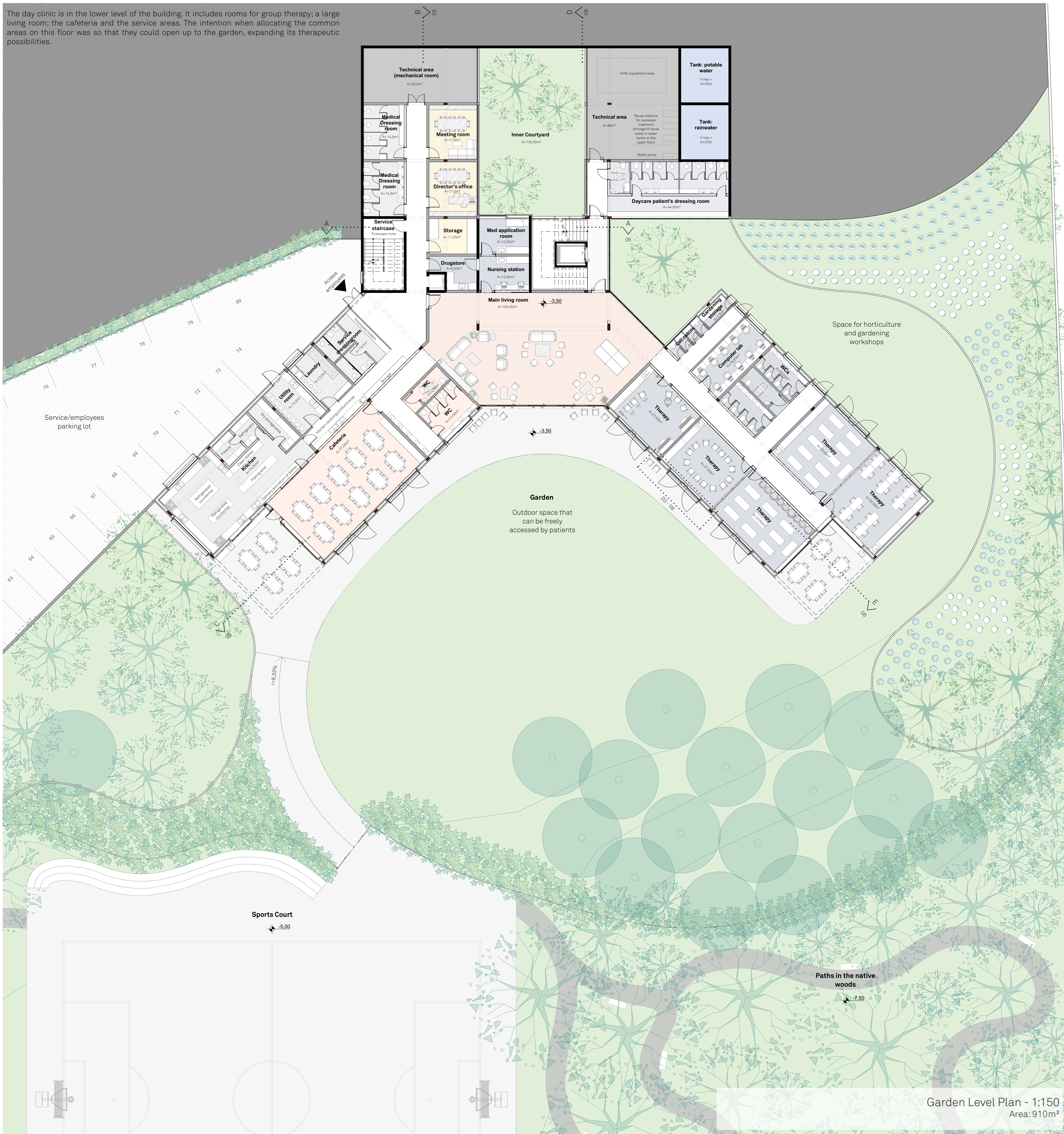


Garden level

The day clinic is in the lower level of the building. It includes rooms for group therapy; a large living room; the cafeteria and the service areas. The intention when allocating the common areas on this floor was so that they could open up to the garden, expanding its therapeutic possibilities.



The external area is divided into 3 levels, which follow the evolution of the treatment. The first corresponds to the garden, with a large lawn, trees and a side strip for horticulture workshops. All patients have unrestricted access to this level, supporting their autonomy to choose, in their free time, between being inside or outside the building.

The second level refers to the sports court and is intended to encourage the practice of physical activities to patients in a compatible stage of the treatment. Thus, access to the court occurs through the monitoring of a professional. Furthermore, exercise is a great ally in the treatment of mental disorders.

Finally, the third level is composed of winding paths in the middle of the nature, in the native woods of the site. There patients in more advanced stages of the treatment can take meditative walks.



Garden



Sports court



One of the paths in the native woods